

newsletter

Term 1 Week 6 Wednesday 6 March

Work hard, be nice



House Swimming Sports

diary DATES



THURSDAY 7 MARCH

- >Kinder and Year 1-2 Partnership
- >Yr 9-10 SALT Workshop

FRIDAY 8 MARCH

- >Friday Fun Day

MONDAY 11 MARCH

- >Labour Day Public Holiday

TUESDAY 12 MARCH

- >Mid West Complex Triathlon
- >Prep Health Visit

WEDNESDAY 13 MARCH

- >Student Leadership Meeting
- > NAPLAN Commences

TUESDAY 19 MARCH

- >School Council AGM

FRIDAY 22 MARCH

- >Greater Western Region Swimming (Primary and Secondary) - Horsham
- >Eel Festival Workshops

MONDAY 25 MARCH

- >Yr 7 2025 Information Evening

TUESDAY 26 MARCH

- >Greater Western Region Lawn Bowls - Ararat

WEDNESDAY 27 MARCH

- >Wellbeing Day
- >Student Leadership Meeting
- >ILP Interviews (3:45pm-6:00pm)

THURSDAY 28 MARCH

- >End of Term 1 (no scheduled classes)
- >ILP Interviews (9am-12pm)

MONDAY 15 APRIL

- >Term 2 commences

THURSDAY 25 APRIL

- >ANZAC Day Public Holiday

FRIDAY 26 APRIL

- >School ANZAC Assembly
- >Kinder & Yr 3-4 Partnership

WEDNESDAY 1 MAY

- >Student Leadership Meeting

THURSDAY 2 MAY

- >Black Ranges Cross Country—St Arnaud



FRIDAY FUN DAY – FILM STAR FRIDAY

This Friday, our SLG have organised a fantastic themed day *Film Star Friday*. Well done to Miss Brady and the events team for their planning. I was particularly impressed by the student presentation to me, giving me their ideas and talking through their processes. Bentley did an amazing job of representing their ideas and generating a professional presentation to me. More information is available on the flyer. The students have elected to donate any money raised from the day to the RSPCA.

HOUSE SWIMMING SPORTS / WELCOME LUNCH

Thank you to Mr Keating, Mrs Thom and the team, for their organisation of the swimming sports last Friday. From all reports, it was a great day, with amazing participation and wonderful support from students, staff and families. As always, Paula provided a delicious lunch. Thank you to Mrs Michell and Jonathan Box for stepping in on my behalf.

INDIVIDUAL LEARNING PLAN (ILP) MEETINGS

Individual Learning Plan (ILP) meetings are scheduled for the final Wednesday and Thursday of term. This is a valuable opportunity for a conversation involving the student, teacher, and parent. It's a chance to set educational goals and discuss the progress of our students' learning journey. Your active participation in these meetings is greatly appreciated as we work together to ensure each student's success. Please save the date and a notification will be sent once bookings are open on Compass.

LITTLE ATHLETICS

Congratulations to the *Lake Bolac Little Athletics* group on another successful season. It is fantastic to have them sharing equipment and facilities, and bringing this great opportunity to our students and community. Well done to all involved, as these organisations are powered by volunteers.

PREPS

Our prep students are now attending for a full week and are adjusting beautifully to school routines. Well done to all of these students, their teachers and families on a fantastic start.

PRINCIPAL'S *report*

SCHOOL COUNCIL

Our school council parent nomination process is complete, and I would like to welcome:

New Members: Sue McKenzie & Lisa Wardlaw

Continuing: Justine Liston, Virginie Woolidge & Jonathan Box

Staff Representatives: Giselle Allgood, Kirralee Keilar, Jessica Brady & Emily Michell

Student Representatives: given the high level of interest, student representatives will rotate within our SLG.

I would like to welcome and thank all members for their donating their time and support. We still have two parent spots available. Please contact Kirralee Keilar or myself if you are interested.

The next meeting of school council will take place on Tuesday 19th March. There will be an AGM and regular meeting. This meeting is open for anyone to attend. Please RSVP to the office if you will be attending the open meeting of school council. At this meeting we will go over the 2023 Annual Report and look at our strategic planning for 2024 and beyond.

I would also like to take this opportunity to thank our outgoing school council members, President Elizabeth Atkinson, Myles Read and Tom Whinney. Their support over the years has been invaluable and we have appreciated their efforts in both the community and as school council representatives.

SEMESTER REPORTS – FEEDBACK WANTED

Please respond to our *Semester Reports Survey* to provide valuable feedback about school reports. This will help to shape any adjustments to our reports for this year and beyond.

Survey link: <https://forms.gle/8JfZvFdjFCVzLCzx9>

This will also be sent out via text and Compass message.

Survey closes Friday 15th March.

ANNUAL PRIVACY REMINDER FOR OUR SCHOOL COMMUNITY

Our school collects and uses student and parent personal information for standard school functions or where permitted by law, as stated in the [Schools' Privacy Policy](#) and the [Schools' Privacy Collection Notice](#).

Our [Photographing, Filming and Recording Students Policy](#), describes how we collect and use photographs, video and recordings of students. The policy also explains when parent consent is required and how it can be provided and withdrawn. We ask parents to also review the guidance we provide on how we use the listed programs safely at the school and what parents can do to further protect their child's information:

[Clickview](#)

[Compass](#)

[Essential Assessment](#)

[Google Workspace for Education](#)

[Microsoft 365](#)

[Minecraft Education Edition](#)

[Reading Eggs](#)

[STILE \(Year 7-10\)](#)

If after reviewing the guidance, you have any questions or concerns regarding your child using any of these platforms, please contact the school. For more information about privacy, refer to: [Schools' Privacy Policy — information for parents](#).

SCHOOL FOR STUDENT LEADERSHIP

Our 3 Students attending the Don Valley School for Student Leadership are immersing themselves into all the different activities and opportunities available to them. Recently the group worked together to cook for their Japanese themed dinner. You can keep up to date with their activities by following the School for Student Leadership—Don Valley Campus Facebook page.



Giselle ALLGOOD | Principal



The Student Leadership Group present

FILM STAR FRIDAY

FRIDAY 8 MARCH

Dress up as your favourite film or TV star

Gold coin donation for the RSPCA

Movie & popcorn at lunchtime



STUDENT OF THE WEEK *Term 1 Week 4*

PREP: *Erika*

For being a diligent and focused learner in both English and Mathematics.

YEAR 1-2: *Willow*

For working well in all her classes and bouncing back when things are difficult or do not go to plan.

YEAR 3-4: *Zara*

For coming back to class from holiday with a can-do attitude. Great job Zara!

YEAR 5-6: *Bentley*

For displaying strong persistence, effort and engagement in all learning areas! Well done!

YEAR 7-8: *Charlotte*

For great work in class, and a fantastic effort during swimming.

YEAR 9-11: *Jordan*

For rising to the challenge and working particularly hard in the swimming program.



STUDENT OF THE WEEK *Term 1 Week 5*

PREP: *Dustyn*

For showing great enthusiasm in all classes.

YEAR 1-2: *Alice*

This student's tenacity and will to succeed helped her this week excel in all the writing .
Great work Alice.

YEAR 3-4: *Connor*

For working hard in all classes, Connor has applied himself and come back ready to learn.

YEAR 5-6: *Mia*

For displaying an appetite for learning, and consistently asking questions to help expand her knowledge and ideas!

YEAR 9-11: *Korshy*

For being resilient when her work is challenging.



NAPLAN

As advertised throughout the media, the National Assessment Program Literacy and Numeracy (NAPLAN) test window commences next week on Wednesday 13th March, and runs through until Monday 25th March. Students in Years 3, 5, 7 and 9 across the nation participate in the tests during this period, with each school setting its own unique schedule that is appropriate to their own context. This is so that schools can plan around any other significant events and avoid unnecessary disruptions to regular learning programs. Your child's test times can now be viewed on Compass. All tests will be administered in the Library. Students in other year levels will remain with their regular teacher during NAPLAN tests. All students involved are encouraged to show resilience and try their best, knowing that we are already proud of their achievements. If you have any queries or concerns, please contact Mr. Shane Hoffmann.

KINDER PARTNERSHIP PROGRAM WITH THE PREPS

On Friday 23rd of February the Prep students and Saydz (Year 10 student) joined the kinder students for a picnic lunch at the kindergarten. The Prep students were so excited to head back as the 'big kids'. They had a free play with old resources they missed using, such as the dinosaurs, hammer and nail station, the wonderful outdoor equipment and of course, the balance bikes.

Thank you to the kindergarten teachers and students for having us. It was great to see a large group of new students in the program. We look forward to having you all up at the school this Thursday, with the Year 1-2 class.



Tuesday 26th March
at the beginning of lunch.

VM
Sausage
Sizzle

Help us
achieve our
outcome

\$2.00 per sausage or vegetable patties,
with or without onions.

Price includes a juice box.

Orders to be made via Compass, school
payments link by 13 March.



LBC HOUSE SWIMMING SPORTS

On Friday 1st March, 2024 Lake Bolac College held our annual Inter-House Swimming Sports.

At 9:45 am both Flinders and Tasman students attended their house meetings, getting ready for the day. Excitement was noticeable from both teams as they marched down to the *Peter O'Rorke Memorial Swimming Pool* for a 10 am start.

The day was perfect for our swimming sports, a warm and inviting day for swimming in our spectacular pool. Students filled events to gain points for their houses, displaying strong team spirit. All students competed hard all day, and I was so proud of each individual effort.

In the end Flinders were the winning house, please see the overall results below:

House	Girls	Boys	Total
Flinders	224.5	287	511.5
Tasman	224.5	142	366.5

Age Group Champions were as follows:

Age Group	Girls	Boys
7-8 Years	S Wynne - 16 points	C Blackburn - 16 points
9-10 Years	S Blackburn - 24 points	S McCorkell - 22 points
11-12 Years	M Wardlaw - 26 points	W Blackburn - 30 points
13-14 Years	C Box - 24 points	EJ Pacujan - 34 points
15-16 Years	J Farley - 16 points	A Lowen - 38 points

Records set on the day:

Event	New Record	Old Record
Girls 7-8 Freestyle	S Wynne: 28:00	Z Peters: 29:43 (2023)
Girls 7-8 Backstroke	S Wynne: 34:83	Z Peters: 35.93 (2023)

Congratulations to our Prep students for participating in their first swimming sports and their efforts in the Freestyle, Backstroke and the Cork Bob.

A huge thank you to the students, parents, grandparents, friends and staff for making it a great day.

MID WEST COMPLEX SWIMMING

Lake Bolac Secondary students participated in the 2024 MWC Swimming Championships at Mortlake Swimming Pool on February 23rd. All students tried hard, and here are the results:

Individual ribbons:

- Jordan F: 1x 2nd & 2x 3rd ribbons
- Marshall H: 3x 2nd ribbons
- Charlotte B: 2x 3rd ribbons
- Alex L: 1x 3rd ribbon
- Chloe H: 1x 2nd & 2x 3rd ribbons
- Felix L: 2x 2nd & 1x 3rd ribbons
- EJ: 2x 3rd ribbons
- Mark H-D: 1x 3rd ribbon
- Kelvin H: 1x 3rd ribbon
- 16 Years Girls relay team (Chloe, Charlotte, Jordan, and Indy): 1x 1st ribbon each

Aggregate standings:

1st - Mortlake: 184 points

2nd - Hawkesdale: 95 points

3rd - Derrinallum: 86 points

4th - Lake Bolac: 55 points

Handicap standings:

1st - Derrinallum: 2.77 points

2nd - Lake Bolac: 2.20 points

3rd - Mortlake: 1.84 points

4th - Hawkesdale: 0.87 points

Top 3 in age groups:

- Charlotte B: equal 2nd in the 12/13 Girls
- EJ: 3rd in the 12/13 Boys
- Chloe H: equal 2nd in the 14 Girls
- Felix L: 2nd in the 14 Boys
- Jordan F: 3rd in the 16 Girls

Thanks to Mr. Geddes (Chief Timekeeper), Fiona Blake (Timekeeper), and Ms. Hill (Team Manager) as the attending staff on the day. Congratulations to all students on their efforts!

BLACK RANGES SWIMMING SPORTS

Today we have seven children, attending Black Ranges Divisional Swimming Championships in Horsham. A huge thank you to Lisa Wardlaw and Jane Blackburn for attending the event as parents, and driving the students. And a massive congratulations to Minnie, Will, Mia, Sophie, Charlie, Matilda & Georgina for their efforts in being selected to represent our school. A report on their results will be in the next newsletter.

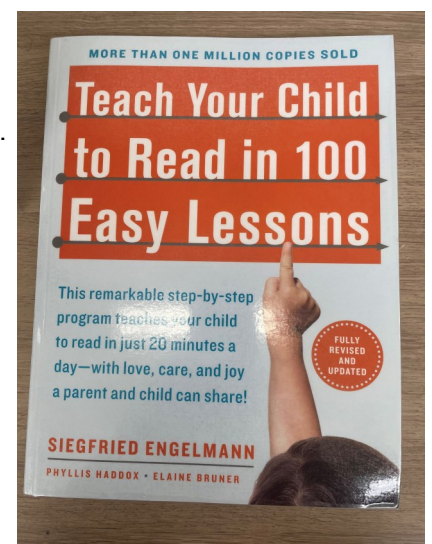


What a busy couple of weeks we have had in Lake Bolac College Sports. I am SO proud of all of our students' efforts.

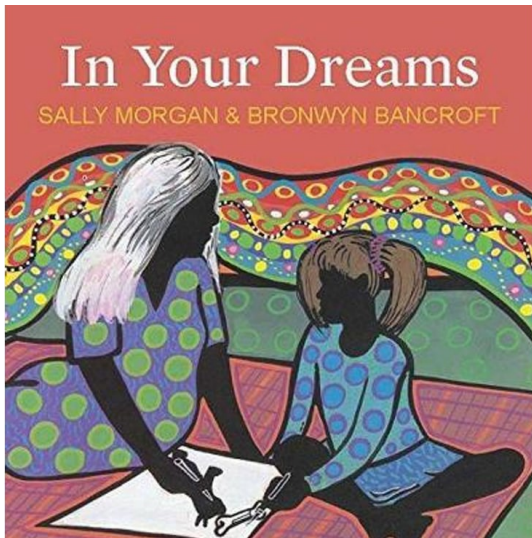
David Keating | **Sports Coordinator**

TEACH YOUR CHILD TO READ IN 100 EASY LESSONS

We have two copies of this book that we would love to share with you. Please collect from the office to borrow.



WHAT'S NEW IN THE LIBRARY



Susie is supposed to write about what she wants to be when she grows up. But she doesn't have a clue! When she has a series of puzzling dreams, Gran encourages her to think about their deeper meaning and Susie soon finds she knows what to write after all.

Bestselling author Sally Morgan teams up with Bronwyn Bancroft on a beautiful picture book about the importance of following your dreams.

READING AWARDS

Congratulations to the following students on their Reading Awards. Keep up the great reading!

Sebastian C	25 nights	Zara P	25 nights
Sophie M	25 nights	Charli R	25 nights
Dustyn R	25 nights	Bentley H	25 nights
Charlie B	25 nights		
Ella M	25 nights		
Kodi D	25 nights		
Abigail B	25 nights		
Sam M	25 nights		



LUNCHBOX IDEAS—Cheese and Bacon Scones

Recipe from Women's Weekly Food

Ingredients

- 2 1/2 cups grated cheese
- 3 rashers bacon, cooked, cooled and sliced thinly
- 4 cups self-raising flour, plus extra for dusting
- 1/2tsp fine salt
- 1/4tsp cayenne pepper
- 2 cups milk



Instructions

- Preheat oven to 200C/180C fan-forced. Grease a baking tray with butter and dust it with the extra flour, or line the tray with baking paper
- Gently combine 2 cups of the cheese with the bacon, flour, salt and cayenne pepper in a large bowl. Slowly add the milk (do not add it all at once) and gently mix the dough with a loose hand .
- When the mixture is just combined, tip it out onto a floured bench and gently bring it together. The trick is to not over-mix the dough, or the scones will be tough. Roll dough out to a 20cm square.
- Using a floured knife, cut into 16 smaller squares. Place on prepared tray and sprinkle over the remaining cheese. Bake the scones in the preheated oven for 20 minutes, or until they are very golden .

LUNCHTIME ACTIVITIES



WEEK 7 LUNCHTIME ACTIVITIES

Monday

- Labour Day Public Holiday

Tuesday

- Swimming
- Diorama Box Craft—Activities Room
- Library

Wednesday

- Swimming
- Diorama Box Craft—Activities Room
- Library
- Minecraft Club (Years 5-10)

Thursday

- Swimming
- Diorama Box Craft—Activities Room
- Library
- Woodwork Club

Friday

- Swimming
- Minecraft Club (Years 1&2)
- Library

WEEK 8 LUNCHTIME ACTIVITIES

Monday

- Swimming
- Mindful Colouring—Activities room
- Library
- Minecraft Club (Prep, Years 3 & 4)

Tuesday

- Swimming
- Mindful Colouring—Activities room
- Library

Wednesday

- Swimming
- Mindful Colouring—Activities room
- Library
- Minecraft Club (Years 5-10)

Thursday

- Swimming
- Mindful Colouring—Activities room
- Library
- Woodwork Club

Friday

- Swimming
- Minecraft Club (Years 1&2)
- Library



Hot Shots Tennis will be held at the Lake Bolac Tennis Courts on Tuesdays during Term 1. Blue stage (pre-school kids) will commence at 3:30pm and Red/Orange stage will commence at 4pm. Sessions will be \$5 per week. Please contact Rach Howard on 0488 263 990 or Sarah McLean 0439 629 258 for more details.

BALLARAT LYRIC THEATRE PRESENTS

Tickets
ON SALE
NOW
hermaj.com

Annie

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29 Feb - 10 Mar
Live at the Civic Hall Ballarat

Screen time for your child – 7 tips

There is a lot of conflicting advice and emerging research around screen time. But, the right amount of screen time can depend on a range of factors like your child's age and maturity, the kind of content they are consuming, their learning needs and your family routine. It can be easy to focus only on the clock and how long your child is spending in front of the screen, but the quality and nature of what they are doing online, and your involvement are just as important.

Consider your child's screen use in the context of their overall health and wellbeing – for example, is online time getting in the way of their sleep and exercise? Is it impacting on their face-to-face connections with family and friends? The answers to these questions will guide you and help strike the right balance of online and offline activities for your child.



1. Be involved

Sharing screen time and online activities like gaming with your child helps you gauge the appropriateness of what they are doing and manage potential risks. It's also a great way to start conversations with your child about their online experiences.



2. Work with your child to set boundaries for screen use

If you decide that setting screen time limits is right for you and your child, discuss these new rules with your child. Older children are more likely to cooperate if they have been part of the decision-making process. Colourful pictures or charts of daily limits and other important activities is a fun way to get younger children on board.



3. Be clear about the consequences of not switching off

Part of our role as parents is to set clear limitations and boundaries. The same applies to technology limitations so, being clear and consistent about the consequences for your child if they do not stick to these rules is paramount. The [Raising Children Network](#) provides some useful tools and advice.

4. Set device-free zones and times at home

Device-free zones can help you manage your family's digital use. Here are some ideas for setting digital boundaries within your home:

- no devices in the bedroom for younger children
- all screens off in bedrooms after a certain time for older children
- all screens off at least one hour before planned bedtime
- all family members switch off at dinner time
- charge devices overnight in a place your child cannot access

5. Ask your child to explain their screen use

Get your child in the habit of explaining why they want to be in front of a screen or online. It's a great way to get them thinking about their own digital habits and balancing screen time with other activities.

6. Use tech tools to help manage access

There are robust products and device functions which allow you to see which apps are being used in your home and for how long. But try not to use these tools to secretly monitor your child. Instead, be open about the process and check the whole family's usage, including your own. Start with [Google Family Link](#) for Android devices or [parental controls](#) and [Screen Time](#) for iPhone/iPad.

7. Lead by example

Your behaviour is one of the most effective ways to help your child develop a positive digital mindset. Show your child you can put down your device too.





Food relief in Ararat

Times are tough, and with the ever-increasing cost of groceries, rent and mortgages; a lot of people are struggling to put food on the table, and pay the bills.

You are not alone, and there is help available.

Ararat Neighbourhood House

56 Campbell St, Ararat

Ararat Neighbourhood House provide food relief Tuesday – Friday each week.

Individuals are able to access ANH Food Hub by contacting Ararat Neighbourhood House on (03) 5352 1551.

All welcome!



Ararat Emergency Relief

Ararat Emergency Relief runs on a rotating roster by five Ararat church groups.

Food relief, vouchers, personal items, counselling and crisis accommodation are available between 1pm and 2pm,

All welcome!

Date	Church	Location	Phone No.
3 rd – 9 th March	Uniting Church	Corr King and Barkly St, Ararat	5352 5580
10 th – 16 th March	Anglican Church	49 High St, Ararat	0407 857 378
17 th – 23 rd March	Salvation Army	Shop corner Vincent & High St Ararat	5352 2720
24 th – 30 th March	Life Links	86 High St, Ararat	5352 2435



Good Friday Appeal Fundraiser Bake Sale

Sunday 24 March | Judging starts at 11am
Lake Bolac Memorial Hall | Lunch & coffee available

Gold coin donation on entry.

Event Categories:

- Children's
- Decorated Cakes
- Special Cakes
- Cupcakes & Slices
- Biscuits & Pies
- Special dietaries

Entry forms are located at:

- Lake Bolac Info Centre
- Willaura & Lake Bolac Community Bank
- Willuara Supermarket
- Lake Bolac Cafe and Diner

Prizes to 3rd place!



Wood Auction
More details to come.

For more information contact Faith:
0475891767 or faithmansbridge031@gmail.com



2024 Season

Training will commence at 4:30pm on Tuesday 12th of March @ Richardson oval, followed by free BBQ and can of soft drink

Mixed league

- Girls u/14
- Boys u/13

Registration fees \$75

Register NOW on Play HQ -

<https://www.playhq.com/afl/register/776d4>

NEW PLAYERS WELCOME!!

Lake Bolac Bush Nursing Centre

"a healthy & empowered rural community"



MARCH 2024

155 Montgomery St
LAKE BOLAC VIC 3351
Ph: 03 5355 8700
Web: lbbnc.org.au
Email: lbbnc@lbbnc.org.au

Mon	Tue	Wed	Thu	Fri
<p><u>PATHOLOGY</u> Mon—Fri 9:00 AM—12:30 pm</p>	<p><u>CLINIC</u> Mon—Fri 9:00 AM—5:00 pm</p>			<p>District Nursing Clinic</p>
<p>District Nursing Clinic</p>	<p>Clinic PAG Ararat</p>	<p>District Nursing/ Clinic Massage</p>	<p>Physio Exercises Centre lunch</p>	<p>District Nursing Clinic</p>
<p>District Nursing Clinic</p>	<p>Clinic Maternal Health Nurse</p>	<p>District Nursing/ Clinic Massage</p>	<p>Physio Exercises Centre lunch</p>	<p>District Nursing Clinic</p>
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<p>District Nursing Clinic</p>	<p>Clinic Maternal Health Nurse PAG outing Port Fairy</p>	<p>District Nursing/ Clinic Massage</p>	<p>Physio Exercises Centre lunch Easter lunch</p>	<p>CENTRE CLOSED Good Friday</p>

The Centre will be **CLOSED** over Easter

ie:

Good Friday
29 March 2024

&

Easter Monday
1 April 2024

It will reopen on

Tuesday 2 April 2024

Social Support Group

Outings

- 5 March** Ararat Lunch & shopping
- 19 March** Ararat Carer's lunch
- 26 March** Port Fairy Lunch
- 28 March** LBBNC Easter lunch